



家和專業輔導中心

CHINESE FAMILY SERVICES OF ONTARIO

229-3330 Midland Ave, Scarborough, ON M1V 5E7 T: 416-979-8299 F: 416-979-2743 E: info@chinesefamilyso.com

了解烟酒，大麻以及其他药物对青少年影响 Connecting with your preteen-talking about alcohol, cannabis & other drugs

With the legalization of marijuana, many parents worry about their children's involvement with cannabis and other drugs and their impacts

Join us and learn more about:

- Adolescent brain development
- Reasons why some youth use alcohol, cannabis and other drugs
- Most common drugs used by youth
- Ways to support youth through their teenage years

1 of 3 free interactive workshops

- Understanding Resilience (Nov.16)
- Helping youth cope with stress & worry (Nov.23)
- Talking about alcohol, cannabis, and other drugs

Suitable for parents and caregivers of children 10-14 years old

随着大麻合法化政策的到来，很多家长担心自己的子女会更容易接触大麻和其他烟酒药物，以及药物对他们造成的影响

这个讲座可以帮助您：

- 了解青少年脑部发展过程
- 一些青少年接触大麻，烟酒和其他药物的原因
- 流行在青少年中的常见毒品
- 正面协助青春期子女的方法

属于三部公益互动讲座系列：

- 了解抗逆能力(11月16)
- 帮助青少年应对压力和焦虑(11月23)
- 了解烟酒，大麻以及其他药物对青少年影响

适合孩子年龄在 10 至 14 岁的家长参加

日期 Date: November 30th, 2018 十一月三十日 (星期五)
 時間 Time: 10:00AM – 12:00PM
 語言 Language: English & Mandarin 英语和国语
 地點 Address: 3330 Midland Ave, Unit 238, Scarborough, ON, M1V 5E7
 查詢或報名 Register: (416) 979-8299 ext. 246

**Space is limited, Call NOW to register (Last day to register: Nov.23rd)!
座位有限，報名從速 (11月23日截止報名)!**

****請出示楓葉卡或移民證件以獲取服務，多謝合作! ****

Please bring your valid Permanent Resident Card or landing document for registration

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